



Upwood & The Raveleys Newsletter

April 2013 Issue 65

Meet your Parish Councillors



Back (l to r): Fiona Hopkins, Colin Bryce, Andrew Perkins, Keith Sisman, Claire Tunnicliffe (Clerk) Front (l to r): Carol Bilverstone, Jo Paxton (Vice-chair), Robin Howe (Chair), Gill Shelford ; Jean Noble not in picture

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DIARY APRIL / MAY

DIARY OF EVENTS

Date	Day	Event	Time	Place / Contact
5 Apr	Fri	Gt. Fen Talk – Fenland Waterways	7.30pm	Wildlife trust centre, Ramsey Heights (07983 850886)
7 Apr	Sun	Morning Prayer	9.30am	St Peter's Church
8 Apr	Mon	Parish Council meeting	7.00pm	Village Hall
9 Apr	Tues	Evening Book Lovers' Group	7.30pm	Cross Keys
10 Apr	Wed	Village Hall AGM	7.30pm	Village Hall
13 Apr	Sat	Upwood Crafters first meeting	12.00-3.00pm	Village Hall. Janice (813104)
14 Apr	Sun	Holy Communion or Service of the Word	9.30am	St Peter's Church
18 Apr	Thurs	1 st Community Led Plan meeting	6.45pm	Village Hall
19 Apr	Fri	Upwood Performing Arts – Mervyn Stutter	7.45pm	Village Hall Doug McLeod (814114)
21 Apr	Sun	Service – 'Open the Book'	9.30am	St Peter's Church
24 Apr	Wed	Gt. Fen Event - Upwood walk	10.00	Meet Cross Keys.
25 Apr	Thur	Over 55's Coffee Morning	10:30am	60 High Street
28 Apr	Sun	Holy Communion	9.30am	St Peter's Church
29 Apr	Mon	Home to Home – Slide Show	8.00pm	Frances (711411)
4 May	Sat	Meet & Munch - tea	3.00-4.00pm	Village Hall. Mags (812424)
5 May	Sun	Morning Prayer	9.30am	St Peter's Church
12 May	Sun	Holy Communion or Service of the Word	9.30am	St Peter's Church
13 May	Mon	Parish Council meeting	7.00pm	Village Hall
15 May	Wed	History Group – Alan Bowley – The Rothschild Family	7.45pm	Village Hall Ian (710702)
19 May	Sun	Service - 'Open the Book'	9.30am	St Peter's Church
21 May	Tues	Evening Book Lovers' Group	7.30pm	Cross Keys
24 May	Fri	Cross Keys Golf Day	As advised	Pidley Golf Club Malcolm (01840 779425)
26 May	Sun	Holy Communion	9.30am	St Peter's Church
27 May	Mon	Inter Club Cricket Match	-	David Drage (07796 352200)
Future Events				
1 June	Sat	Meet & Munch – Coronation Lunch	1.00-2.00pm	Village Hall. Mags (812424)
2 June	Sun	United Service	10am	Thomas a Becket church, Ramsey
15 June	Sat & Sun	St Peter's flower Festival	11am – 4.30pm	St Peter's Church (812195)
16 June	Sun	Upwood Open Gardens		Village Gardens, Josie (710702)
22 June	Sat	Upwood Fete	1.00-4.30pm	Cross Keys Paddock. (814102 or 711372)

Deadline for the June Issue is the 15th May, 2013

PARISH COUNCIL

NEW COUNCILLOR: After her short presentation at the PC Meeting in March Councillors voted to appoint Carol Bilverstone to the Parish Council. We are also very pleased to welcome Fiona Hopkins who joined the Council in February and look forward to working with them both to serve the interests of the parish.

NEXT MEETINGS: MONDAY, 8TH APRIL & MONDAY, 13TH MAY: 7.00PM

All meetings take place in Upwood Village Hall and all are welcome.

MEET & MUNCH

With the spring and summer months approaching, Meet & Munch members will be meeting in the Village Hall for afternoon tea, 3.00pm to 4.00pm, on the following dates: **4th May 2013, 6th July 2013, 3rd August 2013, and 7th September 2013**

However, on 1st June 2013, we are holding a lunch 1.00pm to 2.00pm to celebrate in true Meet & Munch style, the 60th Anniversary of the Queen's Coronation.

Meet & Munch is open to all Upwood & Raveley residents, aged 55 and over and new members are always welcome. Please contact Mags 812424 or Jean 813742

UPWOOD QUILTERS

The Upwood Quilt group met on the 26th February for a foundation lesson when a few new members joined us for some help in starting new projects.

We meet again on the 26th March when we will have a sewing afternoon and in April we will be making patchwork pillows.

The members have programmes for the coming year, and it is hoped to have more projects to try in the near future.

Upwood Village Hall Performing Arts Events – New Year Season 2013
presents

Mervyn Stutter

Friday 19th April at 7.45pm

Comedian, raconteur & comic songwriter back for his third visit to UVH

Tickets £9.50 (no concessions)

Box Office: 01487 814114 / dougmcleod@hotmail.co.uk

** Special Pre-Show Meal Deal at the Cross Keys for ticket holders **

**S&K Pie or Lasagne + dessert £9.00 - Available from 5.30pm to 6.45pm **

UPWOOD AND THE RAVELEYS HISTORY GROUP

As a follow up to the last meeting a visit to Peterborough Museum has been arranged for 10th April (7.00 pm).

The talk on 15th May (7.45 pm in the Village Hall) will be of local interest. Alan Bowley from Natural England will be talking on 'The Rothschild Family, Conservation and the early years of Woodwalton Fen.

The cost of annual membership is £10 but visitors are welcome to individual meetings at a cost of £3.

For further information contact Ian Gaunt (710702; ian.gaunt@care4free.net).

UPWOOD PRIMARY SCHOOL NEWS

Toy Sale: One of our teachers, Miss Holland, has taken a sabbatical year to travel around parts of the world. During the trip, she has been to Lesotho, a land locked country in South Africa. In Lesotho she stayed at two orphanages (Semonkong and Pulane) which form part of the children's centre; more information can be found on the following link: www.freewebs.com/semonkongchildrenscentre/

Miss Holland has been looking after the children and helping them with their schooling. In the evenings, shepherd boys come down from the mountains for a meal and to learn some basic literacy and numeracy skills; she has also been supporting with this vital education role.

There are approximately 150 children between the two orphanages, with very few toys between them. Because of this the community of Upwood Primary School decided to help the children in these orphanages by donating old toys which they no longer needed. These were then sold in a toy sale. The money raised will be taken to the orphanages where new toys will be purchased once in Lesotho.

Miss Holland will soon be returning to Upwood Primary School. We are all very much looking forward to seeing her and hearing news of her travels.

CROSS KEYS GOLF SOCIETY

The next outing will be on Friday 24th May 2013 at Pidley Golf Club. The format will be as before with Texas Scramble and Stapleford competitions. The entry sheet is posted in the Cross Keys. For any further information please contact Malcolm Hudson on 01840 779425

HOME TO HOME

Home to Home is a ladies group that meets once a month, usually in the Village Hall. The April 29th meeting will be a film show and on 27th May a Craft Evening with Janice Carter, who will provide the materials for members to "have a go". Events commence at 8pm and visitors are welcome to come along. There is a small fee for non-members with light refreshments included.

This is a friendly club and newcomers to the village will be made very welcome. Membership costs £10 a year and the programme includes a summer barbecue and Christmas meal. Details from Frances Ashfield on 711411

TABLE TENNIS CLUB

The Table Tennis Club had a hugely successful Dinner Dance at the Village Hall on Saturday 2nd March with Brice Catering providing a delicious cold buffet and "10 O'clock Curfew" the music for the evening. The annual event was attended by 36 members and guests who danced the night away to music from the 60's and 70's. Although the club is full with 32 members (average club night attendance 24) we do run a waiting list where potential members can play twice a month. Anyone interested in joining UTTC should contact David Williams 812923

UPWOOD DOES COMIC RELIEF

Did you go to the Village Hall on Friday 15th March between 10am and 12noon? If not you missed a real treat. Sue Elvis held a coffee and cup-cakes morning and donated all the proceeds to Comic Relief. There was a choice of 3 wonderful flavours – it didn't matter whether you chose vanilla, chocolate or red velvet the taste was great! Those of us who were fortunate enough to sample these delicious cakes can't wait for Sue's next charity coffee morning. My family were so impressed that we brought some home to have with afternoon tea! £87 was raised.



Pictured l to r: Sue and her friendly helper Heather Corbishley

RAMSEY & DISTRICT U3A

Our new membership year starts in April and if you'd like to join us, you can contact our membership secretary Nina on 01487 711 265, or for more information see our website www.u3asites.org.uk/ramsey.

WEA - UPWOOD BRANCH



Upwood WEA is delighted to announce the return of the ever-popular tutor Fiona Lucraft for the summer term with her course on

DICKENS – HIS LIFE & TIMES

10 weeks starting on Wednesday 17th April at 8.00 pm in the Village Hall. The course fee is £45.00. We will explore the world of Charles Dickens through his life and writings, study extracts and illustrations from several of his novels and also discuss his journalism. The course is aimed at anyone who is interested in the Victorian period and likes Dickens' books (but you do not need to have read them all). To ensure you get a seat in this very popular course, contact Ian Gaunt on Ian.Gaunt@Care4free.net or the branch secretary Liz@backtracks.biz

ST PETER'S CHURCH

St Peter's Flower Festival and Open Gardens

Our Flower Festival will take place in the Church on Saturday 15th June and Sunday 16 June. We held a coffee morning to boost funds for this event and the Open Gardens that will be held on the Sunday 16th June. We would like to take this opportunity to thank everyone who took part and helped us raise £157 for the events.

Quiz Night

The next quiz will be held in the Village Hall on 6th April. Contact Geoff 812424

Bulb planting

Bulbs have been planted in the Church Yard and soon we will be able to enjoy the beautiful flowers.

St Peter's Annual Parochial Church Council Meeting (APCM) will take place on Thursday 25th April at 7.30pm in Upwood Village Hall. The meeting is open to everyone, so please don't hesitate to come along.

St Peter's Church Electoral Roll

A new roll will start from this year. If you would like to be on the Church Electoral Roll you need to complete an application form which can be obtained from Howard Smith (telephone 711735) or from inside the Church. The closing date for applications is 7th April.

OPEN GARDENS AND FLOWER FESTIVAL

Upwood Open Gardens and the St Peter's Flower Festival will be held on the same weekend, both in aid of the church fabric fund.

FLOWER FESTIVAL: Saturday, 15 June and Sunday 16 June

The flower festival will be in St Peter's Church and the theme is 'Nursery Rhymes'.

On the Saturday cream teas will be served in the church.

If you would like to create a flower display please contact Anne-Marie on 812195.

OPEN GARDENS on SUNDAY 16th JUNE

Would you like to open your garden to raise funds for the Church fabric fund?

We will also need lots of helpers on the day in the Village Hall to serve refreshments and sell programmes.

Please contact Josie Gaunt 710702 ; josephinegaunt@gmail.com for more information or to offer to help

OPEN THE BOOK

Have you ever thought that children in schools might be missing out on what the Bible has to show them? Open the Book offers a programme of themed and dramatised Bible stories, lasting about 10 minutes. The team of storytellers use mime, props and costumes to present the Bible stories in ways that are lively, engaging, informative, and great fun for everyone involved!

As well as going into the school, we use the same format on the third Sunday of the month at St Peter's Family Service instead of a sermon.

We have been going into Upwood School on a Thursday morning for over two years to take Open the Book to the children. What a privilege this is to share the Word of God with them. We have had great fun doing the stories and some of us have found out that we are better actors than we thought, it is strange what a bit of cloth on your head and a long dress will turn you into.

We took part in their Christmas Service at St Peter's in December and were also invited to the dress rehearsal of the school Christmas play. Here we met an angel who 'revolted' because she did not have wings like our angel had. I am pleased to say that she gained her wings this Christmas. Finally, when asked what they would like to be by a teacher after one of our stories, the answers came back 'vet, scientist, teacher' and then one small tot said 'I want to be Open the Book.' For us it said it all. *Jean Place*

SPOTLIGHT ON ROBIN HOWE - Your Parish Council Chairman

Robin has lived in Upwood for 25 years, moving here from Sweden to lead the Munter's Huntingdon enterprise. He was on the governing body of Upwood Primary School for 10 years, 4 of these as chairman. Robin became a Parish Councillor 3 years ago and has been a District Councillor since May 2011.



Q: What do you like about living in Upwood?

Upwood is a peaceful, friendly and charming place to live. We have been extremely happy here and love our house and the local community. It is also brilliantly placed geographically so I can reach most destinations, including airports, in about 90 minutes which is ideal for my business commitments.

Q: What made you stand for election to the Parish Council?

It was the 'Preserving Upwood' group that really whetted my appetite for being more formally involved with both the Parish and District organisations. It was great to see the way in which the people of the parish came together to work for a common goal. I had reduced my professional commitments and felt that I now had the necessary time to devote to supporting my local community.

Q: What do you enjoy about being a Councillor?

Seeing the changes taking place, especially over the past 12 months. We have been placing more emphasis on the appearance and upkeep of the village alongside issues of ownership. It has also been pleasing to gain improved management of the parish's finances and be able to target specific aspects such as signage to improve public awareness of the facilities available in the parish.

Q: What has been the most challenging aspect of your role?

Making sure that the Parish Council contributes to the well-being of the whole parish and that the parishioners are aware of what the PC is trying to achieve on their behalf. The Parish owns a considerable amount of land and we are aiming not only to make it more economically viable but to canvas views as to its future use. Gathering support for ventures emanating from the District Council is vitally important and that is why the Parish Plan or Community Led Plan (CLP) as it is now known, and its development is so vital to the future of the parish of Upwood and the Raveleys. As a parish we are battling against the District's budget restraints and we (the parishioners) need to better understand the aims and purposes of the long-term investment and continuous vision that the CLP will give us. The Parish Council is also aiming to form more cohesive

and supportive relationships with the many diverse aspects of the village such as the school, church, village hall and newsletter.

Q: What are the Council's plans for the future? Tell me more about the Community Led Plan and its importance to the Parish's development and welfare.

It's our chance to have an impact on the development of the parish as HDC responds to the Government sponsored initiative aimed at getting home building and the relevant infrastructure going throughout the country.

It covers all forms of infrastructure but doesn't look at local areas or specific concerns. However it does allow areas like our parish to think ahead and allow a co-ordinated plan to be evolved. If there is no CLP and no democratically agreed position on issues such as housing, wind farms or speed restrictions then the power to make a decision can be taken away from us locally and devolved higher up the government line – so that it becomes planning by default.

The Parish Council does not want to see that happen but if we (the parish) do not have written evidence to support an objection to, for example, a building development in a certain area of the parish the Parish Council's viewpoint can be bypassed and our parish would be developed in a way that we do not want. As a parish we need to have written verification of our standpoint on a wide range of issues so that we can stay in control of our own future development.

Q: What is needed to make the most of this opportunity for our community to have a say in the development of our parish?

*The formation of a CLP committee is the first stage of the parish setting a template for the long-term development of our villages. We are a little behind some of the other local parishes who already have Parish Plans in place - although that process was independent of the current planning regime. However we can use this to our advantage, avoiding any pitfalls that might have befallen them. We can also call upon the expertise of Cambridgeshire ACRE (Action for Communities in Rural England). **Their spokesperson has already addressed the Parish Council and is returning to the Village Hall on April 18th to speak to interested parishioners.** Everyone is welcome.*

I am really excited by the prospect of looking back in 5 or 10 years' time and seeing how the profile of the parish has developed and how obstacles have been overcome.

There is still time for people to volunteer to be part of the Community Led Plan committee so if you are motivated to take an active role and have a positive impact on the development of Upwood and the Raveleys parish please contact Robin at robin.howe@huntingdonshire.gov.uk, 814393 or 0777859360 **or** Fiona Hopkins at Fiona@the-hoppies.co.uk 710045 for further details.

UPWOOD VILLAGE HALL

The new heating system seems to have received universal approval from all users; it now provides a good level of warmth throughout the building with 3 separate zones operated by programmable thermostats and simple to use controls. New front doors, with much improved double glazing, have also been fitted which should help to reduce heat loss in the foyer.

We now have a new exterior noticeboard giving a much greater area of visibility for displaying posters, notices etc.

Our next two projects will focus on improvements to the roof insulation in the front hall and replacement seating.

Finally, our **Annual General Meeting** will take place on **Wednesday 10th April at 7.30pm in the village hall**. Everyone is welcome to attend.

UPWOOD ART GROUP

UAG meets every Saturday morning from 10am to 12 in Upwood Village Hall. Members are all ages and abilities and work in a wide variety of materials. Each session subject matter is provided or members work on their own projects. There is a small "library" of art books for reference and materials available for new-comers to try. New members pay no fees for their first two sessions. One to one assistance, help and advice is always available. Fees are minimal and young people under 16 years pay no membership fee. Sessions over the next weeks include a professional model, landscape painting, drawing a dog, collage and lots more.

Need a new interest? UAG may be just right, so come along one Saturday and meet the group. You'll be made very welcome.

Want more information? Call 711411 or look on the Upwood website.

UPWOOD CRAFTERS - NEW GROUP!

Calling all crafters! There is an exciting new group called Upwood Crafters. This group will meet in the village hall from 12 – 3pm on the second Saturday of the month starting on 13th April. The first meeting will be dyeing fabric and thread using paint-on dyes - material and thread will be available to purchase. The second meeting on 10th May will use the materials dyed to make a book cover or wall hanging. All levels of skill are welcomed and we will cover many different crafts including: working with gourds, making boxes, jewellery making and pyrography. Already a number of people have said that they will be coming along. It would be really helpful to know how many will be attending the first meeting so that I can provide enough materials.

For more information contact Janice on 813104 or e-mail janicec270@gmail.com

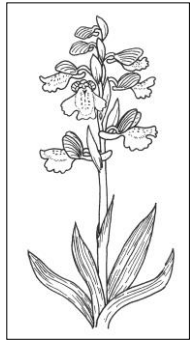
SPRING FLOWERS IN UPWOOD MEADOWS & LADY'S WOOD

We are very fortunate in Upwood to have two nature reserves within easy walking distance of our back doors. Lady's Wood and Upwood Meadows owned and managed by the Wildlife Trust, represent very different habitats and are especially delightful to visit in spring.

In April, Lady's Wood is carpeted with bluebells, attracting numerous visitors. On a warm spring day, the blue haze and scent can be almost overpowering. Bluebell plants are very vulnerable to trampling and this is why the Trust asks visitors to keep to the paths, so that everyone can enjoy the spectacle. Scattered among the bluebells are numerous white star-like flowers called Stitchwort. Restricted to one area when the wood was first acquired by the Trust they have now spread to most parts of the wood and make an attractive contrast to the blue of the wild hyacinths.

In early to mid-May Upwood Meadows puts on a wonderful show of cowslips and orchids. The meadows are designated a National Nature Reserve because of their rich plant flora. The Green-winged Orchid (so called because of the green veins in its wing petals), can be seen in large numbers in Bentley Meadow – that's the one with the big ridges, although there are a few in Little Bentley Meadow. The number of flowering spikes of the orchid is counted each year to ascertain how the population is faring. When the first count was made, in 1976, there were 110 spikes. Since then the number has gradually increased, with 4,486 spikes being recorded last year.

Although only an estimation it indicates that the species is doing well. The cattle which graze the meadows in summer are excluded from Little Bentley Meadow until the orchids have dispersed their seed.



Green-winged Orchid

The Green-winged Orchid was once quite common in old, un-improved pastures, but ploughing and the use of fertilizers and weed-killers have resulted in it becoming a rarity. The third meadow of the reserve - Helen's Close - had been 'improved' before the Trust bought the meadows, which probably accounts for the absence of orchids there. Hopefully it may eventually be colonised by seed blown from the other meadows. Cowslips spread much more readily and are increasing in Helen's Close yearly.

Another spring flowering plant which grows in the wetter areas of the meadows is the pale purple flowered Cuckooflower. After the very wet winter, it should be putting on a good show this spring. It is the food plant of the Orange-tip Butterfly. Look out for these on the wing in May and early June.

Sheila Wells

UPWOOD PANTOMIME NOMINATED FOR 2 AWARDS

The society has been nominated for 2 NODA Awards for its production of Cinderella in January 2012. The nominations are for “**Best Pantomime**” and “**Best Technical**” in NODA East’s District 1 which covers the Peterborough, Huntingdon and St Neots areas. The Awards Ceremony takes place at the Burgess Hall, St Ives, on Sunday 7th April so we are keeping our fingers crossed.



NODA, the National Operatic and Dramatic Association, is the leading association for supporting amateur theatrical groups and individuals throughout the country so we are delighted that the standard of our little village pantomime is being recognised by such an auspicious organisation.

UPWOOD CRICKET CLUB

Upwood Cricket Club is a progressive, determined and motivated village club offering friendly, quality cricket to players of all ages and abilities in a family atmosphere at an affordable price. Look for flyers regarding forthcoming events, one of which is an inter-club game planned for bank holiday Monday 27th May.

The club has some of the best facilities within the local area, including a single bay permanent netting facility and a synthetic grass wicket, as well as a mobile net. We have a purpose built sit-on roller for pitch preparation, assisted by funding from the ECB. We continue to upgrade our pavilion to make the club welcoming to all.

We run two senior teams which participate in the Hunts League, local and regional cup competitions. We also run junior teams at under 9, 11, 13 and 15 age groups also competing at various levels.

If you are interested in becoming involved then you may find one of the following numbers useful: John Stevens (Chairman) 07721 621389, Karina Gilling (Secretary) 07717 514812, David Drage (1st XI Captain) 07796 352200, Pete Hoare (2nd XI Captain) 07753 750 571, Matt Smart (Youth Development Manager) 07554 016993.

CAMQUIT

Camquit is our local stop smoking support service. If you have friends or family who smoke they can call our dedicated helpline on 0800 0184304 or self-refer to our service via www.camquit.nhs.uk/CAMQUIT/Support/Referral-form.htm. More information visit www.camquit.nhs.uk.

UPWOOD & RAVELEYS COMMUNITY ALLOTMENT ASSOCIATION



Despite freezing conditions throughout most of February into March, spring is assuredly just round the corner. What better time to start an allotment plot and put in some summer salad crops and new potatoes.

We have some vacant plots available to rent this Spring and can offer some Starter plots and half-plots. We will offer plenty of support and advice to any new plot holder and have a seed-scheme in place. Plots will be cleared and ready for use – all you have to do is turn up with ideas and energy!

Contacts: The Parish Clerk: Claire on upwoodraveleyclerk@yahoo.co.uk or the URCAA Chairperson Ali Miles amilis@gotadsl.co.uk tel. 710548; Treasurer Carl Dowdell or Secretary Liz Carter – liz@backtracks.biz tel. 813008

UPWOOD AND THE RAVELEYS FETE

Preparations are now underway for the fete on Saturday 22nd June 2013 at 1.00 pm until 4.30 pm in The Cross Keys Paddock. The theme for this year's fete is the 'The Wild West'. Come along and experience 'The Bucking Bronco', enter your dog in the Dog Show, be lucky in the raffle, chance your hand at the various games or browse the craft stalls. Please come and join us to make this a most successful and fun afternoon for everyone. If you would like to have a stall, exhibition or make a donation please contact Anne Prince on 814021.

As usual we are looking for volunteers to help us make this a fun afternoon for the villages. So if you have any time to spare before, during or after the fete please contact Andrew Peck on 711372

GREAT FEN PROJECT- FORTHCOMING EVENTS

Fri 5 Apr Talk – Fenland Waterways, by Tim Atkin.

7.30-9.00 pm, £3.00 donation, Wildlife Trust Countryside Centre, Chapel Road, Ramsey Heights, PE26 2RS, 01487 710420 info@greatfen.org.uk

Wed 24 Apr Walk – Bird Song, Bluebells and Orchids.

Start from the Cross Keys pub in Upwood for a 5 mile walk through Upwood Meadow to Lady's Wood. 10am, £2.50 donation.

Contact Adrian Kempster, 07983 850886 panda@kempster1947.fsnet.co.uk

RAMSEY AND DISTRICT GARDEN CLUB

The Club meets in the Ramsey Community Centre at 7.30 on the third Monday of the month with a variety of talks and demonstrations.

The next meeting will be on 22nd April (note that this is a change from the usual date). It is a talk by Colin Ward from Swines Meadow Farm Nursery, Market Deeping. His talk is "Colin's Choice" which covers the plants that they grow and propagate including some rarities. In addition, they will have plants for sale.

We are also arranging two visits, one to the RHS garden at Hyde Hall in Essex on 19th June and one to Kew gardens on 1st September. Trips are open to non-members.

Annual membership costs £10 and visitors are welcome to individual meetings at £2. For further information contact Ian Gaunt (01487 710702; ian.gaunt@care4free.net)

RAMSEY RURAL MUSEUM

Your local Museum will be opening for the 2013 season at Easter (30th and 31st March and 1st April). The opening event will be a giant book sale. There is a whole barn full of books so there must be some that you need.

The normal opening of the Museum is 10.00 am to 5.00 pm on Thursdays and 2.00 to 5.00 pm on Sundays. If you would like further information about the museum including volunteering to help please contact Ian Gaunt 710702 or ian.gaunt@care4free.net.

MORE CHOICE IN SOCIAL CARE

Social care is provided to people who have been assessed as having substantial or critical support needs with personal care, getting meals, managing medication and staying safe.

If you need social care the County Council will arrange your care for you, but they now have a duty to offer and provide Direct Payments. Direct Payments are an alternative way of getting the care and support you need. They are cash payments made directly into a Direct Payment bank account so that you can use the money to make your own social care arrangements.

With a Direct Payment you have more choice, control and independence about how your care is organised. If you would like to find out more about Direct Payments visit the Your Life, Your Choice website at: www.yourlifeyourchoice.org.uk, pick up a leaflet from your library, phone adult social care enquiries on 0345 045 5202 or contact the Cambridgeshire Direct Payment Support Service on 0845 6000 684

FAREWELL FROM YOUR COUNTY COUNCILLOR

After 12 years as our County Councillor Victor Lucas is stepping down. He has been a faithful servant for the Warboys and Upwood Division and says that it has been a huge privilege to represent our communities. If you would like to read his farewell letter in full it can be accessed on the village website: www.upwood.org

BUS TIMETABLE CHANGES

Stagecoach bus timetables changed on 11th February. This is a summary of weekday times for Upwood. Full details are available on the timetables at the bus stops time or on www.cambridgeshire.gov.uk.

STAGECOACH BUS NO 31:

Upwood to Peterborough: Dep. Upwood at: 06.40, 07.40, 09.10, 13.10, 17.10, 19.10.

Upwood to Ramsey: Dep. Upwood at: 10.55, 14.55, 17.55.

Peterborough to Upwood: Dep. Peterborough at: 10.05, 14.05, 17.05.

N.B. At other times the No.31 runs between Peterborough and Ramsey but does not pass through Upwood although the 12.05 & 16.05 from P'boro connect in Ramsey to the Upwood service.

RAMSEY COMMUNITY BUS (RURAL HOPPER) – A VOLUNTEER RUN SERVICE

In addition to Stagecoach services there are two Rural Hopper services: RH2 (Upwood to Ramsey) on FRIDAYS and RH3 (Upwood to Huntingdon) on THURSDAYS. Fares paid on bus or usual concessions apply. www.ramseybus.org.uk

Fridays: RH2: Dep. Upwood starting Meadow Rd 08.43; return 10.45, Great Whyte.

Thursdays: RH3: Dep. Upwood Church 09.05; Gt Raveley 09.08; Lt Raveley 09.34; return 12.15 from Huntingdon bus station. Journey time: approx. 50 mins.

CARE NETWORK COMMUNITY NAVIGATOR (CNCN) PROGRAMME – HUNTINGDONSHIRE

This county wide programme is being run and managed by Care Network and is funded by Cambridgeshire County Council. We are looking to recruit volunteers (Navigators) to signpost older residents to any services or clubs that may help them live independently for longer and allow them to enjoy being as active in their community as possible. We also aim to ensure that they are receiving all entitled support to enable them to do this. This could be anything from local clubs and groups and car schemes, to helping them get assessed for modifications to home, mobility aides and ensuring maximum income. As well as recruiting new volunteers I am looking to speak to others involved in this area with a view to seeing how we can work together. I am happy to discuss this project to ensure that this valuable service can be accessed by as many older members of our community as possible.

Beatrice Brown CNCN Co-ordinator, Beatrice.b@care-network.org.uk 07436809265

WHO'S WHO IN THE VILLAGES

Organisation	Contact	Telephone
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Book Lovers Group	Liz Carter	813008
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County Councillor	Victor Lucas	822812
Cricket Club	David Drage	07796 352200
Cross Keys Golf Society	Malcolm Hudson	01840 779425
District Councillor (Chair of Parish Council)	Robin Howe	814393
55+	Chris Bruce Caroline Lloyd	812327 813455
History Group	Ian Gaunt	710702
Home to Home	Frances Ashfield	711411
Horticultural Society	Ian Gaunt	710702
Meet and Munch	Mags Dudley	812424
Parish Clk (inc Allotments)	Claire Tunnicliffe	07955 707134
Ramsey Bridge Club	B & A Quinton	813349
Ramsey Choral Society	June Green	813562
Ramsey Rural Museum	Michael Latchem	01354 694241
Ramsey Tennis Club	Jason Tuxworth	710704
Small to Tall (Upwood School Clubs)	Angie Dean	802086
Speed Watch	Keith Sisman	710552
St Peter's Church Matters	Gordon Slinn	815951
St Peter's Handbells	Ann-Marie Cracknell	812195
Table Tennis Club	David Williams	812923
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Upwood Quilters	Margaret Jones	814031
Upwood & Raveley Community Allotments Assoc.	Liz Carter	813008
Upwood and Raveley Community Archive	Judith Harvey	710219
Upwood School PTA	Jody Howell	812843
Upwood Pantomime Society	Doug McLeod	814114
UVH Performing Arts Events / [act] Shows	Doug McLeod	814114
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The editors are very diligent but regret that they cannot accept responsibility for any inaccuracies or omissions:

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Deadline for the June Issue is the 15th May, 2013

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